

desidictionary | Nautanki: Delhi-speak for someone who often creates a drama. Eg: She is such a nautanki! She cries on everything

We give you tips on how to face and fight an attacker, and also tell you about the situations and places where Delhiites feel unsafe

hindustantimes
SAFE
in the city

SAFETY TIP

After the initial hit to an aggressor, always go for the groin. It is extremely painful if you kick or even box a guy's testicles (do not be afraid, your life may be at stake!). You might think that you'll make the potential rapist really mad and make him want to hurt you more, but the rapists who were interviewed reported that they want a woman who will not cause a lot of trouble. Start causing trouble, and he'll take off. Also, after causing the initial pain, don't wait and watch! Just flee as fast as you can.

WHERE I FEEL UNSAFE

Last night, I went to New Friends colony market. The parking lot has no lights and there were just men all around. They were smirking and passing comments, which really made me feel unsafe. Lack of lighting on the streets makes it very unsafe.

-Tanisha

I feel very unsafe travelling late in the night in the bus or any other public mode of transportation.

-Richa

MY STORY



People think that sexual harassment takes place only in public, or when we are alone, but it happens in schools also. Last year, when I applied for my school bus, two to three boys used to tease me for my physical appearance. They would pass lewd comments regarding my breasts, and made dirty sounds when I passed by them. Though I thought that I should take the help of my parents, teachers or friends regarding this, I couldn't muster up enough courage. Finally, I shouted at those boys, as I was angry because of them.

-Jyoti (Name changed)

What the expert says

Sexual abuse is more rampant and often happens in places that are least thought of. Young schools boys often indulge in passing lewd comments like these, which gives them a sense of masculinity and control. The people around passively participate, as it probably satisfies a voyeuristic need in them. If you don't object, the behaviour is reinforced and the perpetrator has a further sense of gratification. Your anger in this situation is justified. Please don't feel guilty in any way. When you confront elements like these, your body language should be assertive, with clear eye contact explicitly supporting your intense discomfort. If the situation demands, report to the authorities.

-Dr Deepak Raheja, senior psychiatrist

Thanks for the support

We're glad you find our safety tips useful

Suraj Mishra

In support of the campaign "Safe in the City". Nice work.

Monika Malik

Your safety tips really boosted my confidence to fight against anti-social elements of the society. Keep up the good work.

Tanvi Diwan

Your safe in the city campaign is damn gud... plz continue to do such gud deeds.. it is really helping the women in Delhi-NCR.....

Kshatriya

Shrreyansh

Thakur

HT City rocks! Start similar campaigns everywhere!

Nishtha Thakur

Thanks for the campaign, HT City team. I now know a lot!

Tina Singh

Looking forward to attending self defence classes I saw. Thanks for holding them!

take five



PHOTOS: SARTAK NAGPAL

Take Bollywood home with you

Cinema posters make for a perfect gift or souvenir. Check out some places in the city that stock all kinds of movie posters

Namya Sinha
namya.sinha@hindustantimes.com

Though the art of hand-made movie posters is vanishing and they are being replaced by their printed versions, they are still much in demand by many Bollywood fans and tourists. "Foreigners love these movie posters. They are fascinated with the bright colours and postures," says Ranjit Singh of Bollywood Posters. Check out some places in the city where you can buy cinema posters.

Bollywood posters

Their USP is custom made hand-painted posters. "We make Bollywood style colourful posters and portraits," says Vijay Kumar, who runs the business. They take around two weeks to deliver the final product. They make three kinds of sizes of posters, from two feet to six feet, which are priced

between ₹25,000 to ₹35,000. The most popular poster here is that of the film, Om Shanti Om, as people can get their faces put in the bodies of actors Shah Rukh Khan and Deepika Padukone. Where: 6/6 Darya Ganj, near Ghata Masjid, Jain studio Tel: 9999629382, Mail id: ranjeet_2870@rediffmail.com



Indian Popular Art

Among the many shops selling film posters in Hauz Khas Village, this store is one of the most popular. It only keeps original Bollywood posters, which it has sourced from movie halls and collectors. Some of the original posters here are decades old. Though most of the posters here are the machine printed ones, the store also has a good variety of hand-painted posters as well.

"The older movie posters come for ₹1,000 and the new ones can be purchased for ₹500. Some of the hot selling posters here are of films such as Sholay, Mughal E Azam, and, Mother India. Not only this, we also keep original film cards that you get inside the movie halls," says Balkishan of Indian Popular Art. Where: 5 Hauz Khas Village market Tel: 9811960996

Cinema Posters

They have vintage film posters, both from Bollywood and Hollywood. The collection of originals here are more than 35 years old. Here, the lowest price of the posters starts at ₹500 for a Bollywood film. The rates also depend upon the popularity of the movie. They also have a big collection of vintage posters

that are more expensive (₹3,000 onwards). Some of the most popular posters include that of Charlie Chaplin and James Bond. Some of the sizes of the posters that are available here are 30 by 40 inches and banner size. Where: 3, Hauz Khas Village, Lal Haveli, No 2 Tel: 971019776

All Arts

Apart from film posters, this shop also sells books, paintings and maps. They sell printed posters that start from a price range of ₹500 and goes up to ₹3,000, depending upon the work and the actors on the posters. "The hottest sellers are movie posters with Amitabh Bachchan, Guru Dutt and Raj Kapoor," says Deepak Jain of the store. They also have a collection of hand-painted show cards and movie cards (₹2,000 onwards). Where: 1, Hauz Khas Village, Lower Ground Tel: 011-26851024

www.hippy.in

For those who don't have the time to go to the market, there is also an online portal, from which, you can buy all kinds of Bollywood film posters. "We are trying to revive the old art of hand-painted Bollywood posters. We are working with the artists who make Bollywood movie posters and billboards. These artists paint vintage posters, which are basically hand-painted replicas," says Hinesh



Jethwani, the owner of the site. "We also offer memorabilia. In this, we sell original vintage posters, which we have sourced from collectors and movie halls that have closed

down. The collection starts from the era of silent movies. The posters are available from ₹1,000 onwards. There cannot be a price fixed on original vintage posters," he adds.

an evening with Kailasa and Prasoon Joshi

7 pm, Apr 11, Siri Fort Auditorium



Kailash Kher
In Concert

Vishwas and Hindustan Times welcome you to a musical evening with Kailash Kher & his band Kailasa. The evening will mark the launch of the Vishwas Anthem Keh Do Andheron Se Chal Pare Hain Hum, written by Prasoon Joshi, composed by Aadesh Srivastava.

For passes, SMS KHER <space> <name> to 5424211

it is time.



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htcity search IN DELHI

This week, we help you find exotic tea, cycle tours and sports jerseys in the city

Hi, I am looking for tea shops where I can find different varieties of tea, such as, white tea, green tea and chamomile tea. I would want to gift them to friends staying abroad.

Radha

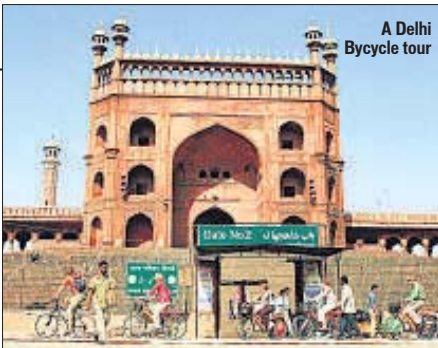
Hi Radha. There are various tea shops in the city that sell a good variety of tea. Some of the shops that you can check out are Aap Ki Pasand in Daryaganj, Regalia Tea House in Sunder Nagar, and Mittal Tea House in Lodhi Colony. These shops not only sell different and exotic varieties of tea, but also have them in attractive gift packages for you to choose from. You can also check out the various state emporiums located in Baba Kharak Singh Marg, Manjusha and Assam Emporium are known for selling Assam and Darjeeling tea.



I am new to the city and I want to explore it. I have heard that there are cycle tours that take place in Delhi. Can you tell me about some of them?

Samrine

Hi Samrine. Though the city doesn't have many cycle tours, there is one group called Delhi ByCycle that



A Delhi

Bycycle tour

offers various tours, such as, the Yamuna tour, Shah Jahan tour, Nizamuddin tour, among others. They can be contacted at www.delhibycycle.com. Also, some of the travel agents in the city also organise

cycling tours. If you want to see the city through some other way, a good option is the HO HO buses that run everyday.

Can you help me find football jerseys of some of the top players? I cannot find them anywhere.

Rajat



Hi Rajat. There are lots of brands that offer stock football and cricket jerseys. Just check out one of them in your colony. If you are looking for cheap versions, then head to markets such as Pallika Bazaar, Janpath, and Gaffar Market. You can also order these jerseys online by visiting portals that sell them.

If you're looking for something in the Capital and can't find it, write to us at meandmydelhi@gmail.com and we'll help you hunt it down